



## Nepean Ringette Association hosts the AA Provincial Championships: February 25th - 28th, 2010

### COACH'S LETTER

Welcome to all the Coaching Staff and Players, to the 2010 AA Provincial Ringette Championship Tournament. We have 49 teams participating this year and we are looking forward to an exciting weekend of ringette.

In the coaching package that you will receive at the coach's meeting, you will find a copy of the Tournament book, the tie breaking rules maps to the arenas and hospitals as well as many other items.

- Upon arrival at the arena, please check in at the trouble shooting table/room for your dressing room assignment. Please be prepared to leave a set of car keys in exchange for the change room keys. You must return the sportsmanship ballots to get your car keys back. Also the change room must be cleaned before the teams leave.
- Make sure the game sheets are filled out properly and that all bench staff initial by their names on all the game sheets.
- **Ensure all bench staff walk around the boards to the benches and not across the ice surface.** Also, if a bench staff member goes on the ice to assist an injured player, he/she must wear a helmet, so please remember to bring a spare helmet to have on the bench. This is a City of Ottawa regulation. As part of this bylaw, bench staff members are not permitted on the ice to shake hands at the end of the game. Generally skaters will skate by the opposing bench and the hand shaking is done from there.
- Not all games will have a penalty box person. If you wish to have one for your team, you are welcome to provide one.

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○ All final award presentations will take place off the ice. Players and bench staff are asked to change completely and report for the awards wearing their team jerseys. Teams will be given 15 minutes to clear their dressing room and report upstairs. This process allows us to keep the games moving and not restrict the amount of time each team may wish to take celebrating their victory.

If you have any questions throughout the weekend, please check with one of the trouble shooters at the arenas. If your question should be directed to the ORA, then there will be a G & T representative who can assist you at each facility. The main office for the Provincials will be located in Walter Baker. The phone number there is 613-580-2424 extension 14592). Please leave a message and your call will be returned as soon as possible.

Have a great weekend and good luck!

The Nepean Ringette Tournament Committee

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