

Ringette Skill Training

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Get ready for the upcoming season with drills, power skating techniques, development of ring handling, passing and shooting. Participants will be divided according to skill level on the first day. Full equipment must be worn on the ice. For off ice activities, athletic wear and running shoes are recommended. Three hours of on ice instructions daily and **a themed tournament day at the end of the week!**



August 15th-19th 2011

9:00AM-4:00PM

FREE
Pre & Post Care available from
8:30-9:00AM & 4:00-5:00PM



A day at camp will include lots of FUN!
Challenging drills, theme days, outdoor activities and tons of ice time with amazing experienced instructors!

Play it. Love it. Live it.

Located in the West End
@
Pinecrest Recreation Complex
2250 Tourquay
613-828-3118

The logo for the City of Ottawa, featuring a stylized 'O' with three curved lines to its left, followed by the word 'Ottawa' in a serif font.